

• Salad Tossers • Real Greek Yoghurt •



# Fax Order Form

Salad Bowl \$7.80

**10am** fax orders must be placed before 10am for lunchtime pick-up

## Choose your base

cos lettuce  baby spinach  mix of both

I agree baby spinach is seasonal if unavailable it will be substituted with mesclun mix (minimum 6 for CBD or 10 for inner city)

## Free Delivery

## Choose up to 8 free toss-ins

...extra toss-ins 40c

- |  |                                     |  |
|--|-------------------------------------|--|
| <input type="checkbox"/> green beans         | <input type="checkbox"/> anchovies  | <input type="checkbox"/> seed mix        |
| <input type="checkbox"/> spanish onions      | <input type="checkbox"/> cucumber   | <input type="checkbox"/> sultanas        |
| <input type="checkbox"/> beetroot            | <input type="checkbox"/> tomato     | <input type="checkbox"/> snow peas       |
| <input type="checkbox"/> baby peas           | <input type="checkbox"/> mushrooms  | <input type="checkbox"/> corn spears     |
| <input type="checkbox"/> marinated artichoke | <input type="checkbox"/> jalapenos  | <input type="checkbox"/> pasta           |
| <input type="checkbox"/> corn                | <input type="checkbox"/> chick peas | <input type="checkbox"/> olives          |
| <input type="checkbox"/> feta cheese         | <input type="checkbox"/> shallots   | <input type="checkbox"/> parmesan        |
| <input type="checkbox"/> pickled cucumbers   | <input type="checkbox"/> capers     | <input type="checkbox"/> crunchy noodles |
| <input type="checkbox"/> rice noodles        |                                     | <input type="checkbox"/> mixed beans     |

order online  
[www.greenbean.com.au](http://www.greenbean.com.au)

## Add your extras

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Beef Bites \$2              | <input type="checkbox"/> Vine Leaves 2 @ 60c      | <input type="checkbox"/> Hard Boiled Egg 50c  | <input type="checkbox"/> Chicken Plain \$2           |
| <input type="checkbox"/> Char Grilled Pumpkin \$1.60 | <input type="checkbox"/> Marinated Octopus \$2.50 | <input type="checkbox"/> Tuna \$1.50          | <input type="checkbox"/> Chicken Cajun \$2           |
| <input type="checkbox"/> Avocado \$1.50              | <input type="checkbox"/> Bacon \$1.50             | <input type="checkbox"/> Smoked Salmon \$3.50 | <input type="checkbox"/> Chicken Lemon & Herb \$2    |
|  |   |   | <input type="checkbox"/> Semi Sun Dried Tomatoes 60c |

## Splash of dressing

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Extra Virgin Olive Oil  | <input type="checkbox"/> Aioli                | <input type="checkbox"/> Honey Sesame                  |
| <input type="checkbox"/> Greenbean French        | <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Balsamic (fat free)           |
| <input type="checkbox"/> Lemon & Herb (fat free) | <input type="checkbox"/> Thai (fat free)      | <input type="checkbox"/> Lemon Juice (fat free)        |
| <input type="checkbox"/> Caesar                  |   | <input type="checkbox"/> Low-Fat Yoghurt (99%fat free) |

## Sprinkle of Seasoning

- Chilli Flakes  Salt  Pepper  Roasted Nuts  Sesame Seeds

## Feeling nutty?

- almonds \$2  nutty fruity muesli \$1.50  cashews \$2.50  pistachios \$2.50  
WHY NOT TRY IN YOUR SALAD?  macadamias \$2.50  healthy mix \$2  mixed nuts \$2

## Liquid Refreshments

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Green Ice Tea \$3.50 | <input type="checkbox"/> Boost "Wildberry Skinny" \$3.50 | <input type="checkbox"/> Grove Juice All \$3.50 |
| <input type="checkbox"/> Lemon Ice Tea \$3.50 | <input type="checkbox"/> Boost "Energy Lift" \$3.50      | <input type="checkbox"/> Grove Orange & Mango   |
| <input type="checkbox"/> Peach Ice Tea \$3.50 | <input type="checkbox"/> Boost "Green Recovery" \$3.50   | <input type="checkbox"/> Grove Orange           |
|   |  | <input type="checkbox"/> Grove Apple & Guava    |
|   |  | <input type="checkbox"/> Grove Apple            |
|   |  | <input type="checkbox"/> Grove Pineapple        |
|   |  | <input type="checkbox"/> Water \$1              |

## Greek Yoghurt



- 96% fat free  SKINNY 99% fat free
- Small \$3.90  Large \$8.50
- Medium \$5.90
- |  |  |
|--|--|
| <input type="checkbox"/> nutty fruity muesli | <input type="checkbox"/> mango         |
| <input type="checkbox"/> apple & cinnamon    | <input type="checkbox"/> mixed berries |
| <input type="checkbox"/> lemon curd          | <input type="checkbox"/> cappuccino    |
| <input type="checkbox"/> plain               | <input type="checkbox"/> passionfruit  |
| <input type="checkbox"/> blackcurrant        | <input type="checkbox"/> boysenberry   |
| <input type="checkbox"/> coco (coco pops)    |  |

## Fruit Salad

- Small \$3.90  Large \$8.50

Faxed and Email orders must be placed before 10am

Order Name: .....

Order Pickup Time: .....

Contact Details: .....

Office Use Only ..... Ph: 3221 0778

# Fax back to 3221 0779

- Faxed orders must be placed before 10am for lunchtime pickup.
- All faxed orders must be ordered by name.
- For Delivery, terms and conditions apply.
- Please allow 30 minutes for your order to be prepared.
- Prices and selections subject to change & availability.

Updated

06/09 /10